

## **NATIONAL RESOURCES FOR SEXUAL ASSAULT SURVIVORS AND THEIR LOVED ONES**

The list below can be found online at:

**RAINN (RAPE, ABUSE INCEST NATIONAL NETWORK)** <https://www.rainn.org>  
**HOTLINE 800.656.HOPE**

**LOUDER THAN WORDS** recommends:

**PEACE OVER VIOLENCE** <http://www.peaceoverviolence.org/>

**JACKSON KATZ** <http://www.jacksonkatz.com/>

**MEN CAN STOP RAPE** <http://www.mencanstoprape.org/>

**National Sexual Assault Hotline**: National hotline, operated by **RAINN**, that serves people affected by sexual violence. It automatically routes the caller to their nearest sexual assault service provider. You can also search your local center **here**. Hotline: 800.656.HOPE

**National Sexual Violence Resource Center**: This site offers a wide variety of information relating to sexual violence including a large legal resource library.

**National Organization for Victim Assistance**: Founded in 1975, NOVA is the oldest national victim assistance organization of its type in the United States as the recognized leader in this noble cause.

**National Online Resource Center on Violence Against Women**: VAWnet, a project of the National Resource Center on Domestic Violence hosts a resource library home of thousands of materials on violence against women and related issues, with particular attention to its intersections with various forms of oppression.

**U.S. Department of Justice: National Sex Offender Public Website**: NSOPW is the only U.S. government Website that links public state, territorial, and tribal sex offender registries from **one national search site**.

**The National Center for Victims of Crime**: The mission of the National Center for Victims of Crime is to forge a national commitment to help victims of crime rebuild their lives. They are dedicated to serving individuals, families, and communities harmed by crime.

**CHILD ABUSE/SEXUAL ABUSE:**

**National Child Abuse Hotline**: They can provide local referrals for services. A centralized call center provides the caller with the option of talking to a counselor. They are also connected

to a language line that can provide service in over 140 languages. Hotline: 800.4.A.CHILD (422.2253)

**Darkness to Light:** They provide crisis intervention and referral services to children or people affected by sexual abuse of children. Hotline calls are automatically routed to a local center. Helpline: 866.FOR.LIGHT (367.5444)

**Cyber Tipline:** This Tipline is operated by the **National Center for Missing and Exploited Children.**

Can be used to communicate information to the authorities about child pornography or child sex trafficking. Hotline: 800.THE.LOST (843.5678)

**National Children's Alliance:** This organization represents the national network of Child Advocacy Centers (CAC). CACs are a multidisciplinary team of law enforcement, mental and physical health practitioners who investigate instances of child physical and sexual abuse. Their website explains the process and has a directory according to geographic location.

**Stop It Now:** Provides information to victims and parents/relatives/friends of child sexual abuse. The site also has resources for offender treatment as well as information on recognizing the signs of child sexual abuse. Hotline: 888-PREVENT (773.8368)

**Justice for Children:** Provides a full range of advocacy services for abused and neglected children.

## **DOMESTIC, DATING AND INTIMATE PARTNER VIOLENCE:**

**National Domestic Violence Hotline:** Through this hotline an advocate can provide local direct service resources (safehouse shelters, transportation, casework assistance) and crisis intervention. Interpreter services available in 170 languages. They also partner with the Abused Deaf Women's Advocacy Center to provide a videophone option. Hotline: 800.799.SAFE

**National Teen Dating Abuse Online Helpline:** This online helpline assists teens who are, or may be, in abusive relationships.

**Americans Overseas Domestic Violence Crisis Center:** The center serves abused Americans, mostly women and children, in both civilian and military populations overseas. In addition to providing domestic violence advocacy, safety planning and case management, the center assists victims with relocation, emergency funds for housing and childcare, and funds for payment of legal fees.

**National Coalition against Domestic Violence:** The national coalition of Domestic Violence organizations is dedicated to empowering victims and changing society to a zero tolerance policy.

## **INCEST:**

*(See also resources on Child Abuse/ Sexual Abuse above)*

**Survivors of Incest Anonymous**: They provide information on how to find incest survivor support groups in your area and empowers individuals to become survivors and thrivers.

**GirlThrive**: Girlthrive Inc. honors teen girls and young women who have survived incest and all sex abuse through thriverships, opportunity and education.

#### **STALKING:**

**Stalking Resource Center**: The Stalking Resource Center is a program of the National Center for Victims of Crime. Their website provides statistics on stalking, information on safety planning and other resources.

#### **Survivors with Disabilities:**

**Deaf Abused Women's Network** (DAWN): Legal, medical, system advocacy and survivor support services. Video Phone: 202.559.5366

**CAVANET**: This organization addresses violence against women, human rights, genocide, and crime victims with disabilities.

**National Disability Rights Network**: NDRN members investigate reports of abuse and neglect, and seek systemic change to prevent further incidents; advocate for basic rights; and ensure accountability in health care, education, employment, housing, transportation, and within the juvenile and criminal justice systems for individuals with disabilities.

#### **COLLEGE STUDENTS:**

**NotAlone.gov**: A government website dedicated to educating students and schools about Title IX and sexual assault.

**Know Your IX**: Provides information for students about their Title IX rights in regards to ending sexual violence on campus.

**End Rape on Campus**: An advocacy organization dedicated to assisting students file Title IX complaints.

#### **Resources for Male Survivors of Sexual Assault:**

**1in6** (for men sexually abused as children): Provides educational information and resources for men, family and friends, and professionals. Also provides access to the online hotline.

**Jimhopper.com**: This site has articles that discuss the effects of child sexual abuse on adult men and their loved ones.

**Malesurvivor.org**: This site has information and a therapist search for male survivors of sexual violence.

## **LGBTQ SURVIVORS:**

**GLBTQ Domestic Violence Project:** Website, information and hotline for GLBTQ victims of domestic violence and their families. Hotline: 800.832.1901

**the Network la Red:** The Network/La Red hotline provides emotional support, information, and safety planning for lesbian, gay, bisexual, queer and/or transgender folks, as well as folks in the BDSM or Polyamorous communities who are being abused or have been abused by a partner. Support available in English and Spanish. Hotline: 617.742.4911

**National Coalition of Anti-Violence Programs:** A coalition of programs that document and advocate for victims of anti-LGBT and anti-HIV/AIDS violence/harassment, domestic violence, sexual assault, police misconduct and other forms of victimization. Site has a list of local anti-violence programs and publications. Hotline: 212.714.1141

**The Trevor Project:** Help and suicide prevention for GLBTQ youth. Hotline: 866.488.7386

**GLBT National Hotline:** Call center that refers to over 15,000 resources across the country that support LGBTQ individuals. Hotline: 888.THE.GLNH (843.4564)

**FORGE** (*For Ourselves: Reworking Gender Expression*): Home to the Transgender Sexual Violence Project. Provides services and publishes research for transgender persons experiencing violence and their loved ones.

**Association for Lesbian, Gay, Bisexual & Transgender Issues in Counseling:** Directory of LGBT-friendly mental health specialists across the United States. Specialists listed are verified members of AGLBTIC, a division of the American Counseling Association.

## **HUMAN TRAFFICKING:**

**National Human Trafficking Resource Center:** A national multilingual anti-trafficking hotline. Caller can report a tip; connect with anti-trafficking services in their area; or request training and technical assistance, general information, or specific anti-trafficking resources. Hotline: 888.373.7888

**U.S. Department of Justice Trafficking in Persons and Worker Exploitation Complaint Line:** Call to report suspected instances of human trafficking or worker exploitation or contact the FBI field office nearest you. Offers foreign language translation services in most languages as well as TTY. After business hours, the complaint line has a message service in English, Spanish, Russian, and Mandarin. Hotline: 888.428.7581

## **MILITARY RESOURCES:**

**Safe Helpline:** Department of Defense (DoD) Safe Helpline is a groundbreaking crisis support service for members of the DoD community affected by sexual assault. Safe Helpline provides live, one-on-one support and information to the worldwide DoD community. The service is confidential, anonymous, secure, and available worldwide, 24/7 by click, call or text — providing victims with the help they need anytime, anywhere. Hotline: 877.995.5247

## **LEGAL RESOURCES:**

**Womenslaw.org**: Information about restraining orders and other legal protections for victims of domestic violence and sexual assault.

**The Laws in Your State**: A database of state laws including mandatory reporting, confidentiality laws, HIV/AIDS testing of sexual offenders, termination of rapists' parental rights, and statutes of limitations for each state.

**Attorney Referral Line**: Refers callers to attorneys in their geographic area who can represent them in their pursuit of civil claims and victim restitution. The referral line is not an anonymous service. Their website also gives information about civil lawsuits. Phone: 202.467.8716

**Take Back The Night Foundation**: Legal support for survivors in every state. Referrals to counseling, support, legal aid, hospitals, and nearest TBTN Event Holders. Hotline: 866.966.9013

**It Happened to Alexa Foundation**: The 'It Happened to Alexa Foundation' supports rape survivors through the trauma of the criminal trial, in the hopes that more survivors will go through with the prosecution in order to put these perpetrators behind bars.

## **MEDICAL/PHYSICAL HEALTH:**

**Sexual Assault Nurse Examiner (SANE)**: The SANE/SART program offers sensitive, caring, and supportive care following a sexual assault. Their website provides a list of Sexual Assault Nurse Examiner (SANE) programs in each state. These specialists are registered nurses, who have advanced education in forensic examination of sexual assault victims.

**Healthcare Center Directory**: The U.S. Department of Health and Human Services maintains a Healthcare Center Directory. This directory lists federally funded health centers that provide a variety of services even if the recipient does not have health insurance. Users pay a co-payment based on their income. These health centers generally provide primary care services. Phone: 877.464.4772

**The Center For Disease Control National Prevention Information Network**(AIDS/HIV, STI Information): U.S. reference, referral, and distribution service for information on HIV/AIDS and other sexually transmitted infections (STIs). Hotline: 800.458.5231

**International Association of Forensic Nurses**: An international membership organization comprised of forensic nurses working around the world and other professionals who support and complement the work of forensic nursing.

## **MENTAL HEALTH:**

**Sidran Traumatic Stress Foundation**: The Sidran Institute provides information on traumatic stress (including PTSD), dissociative disorders, and co-occurring issues such as addictions, self-injury, and suicidal behaviors.

**GoodTherapy.org**: GoodTherapy.org is an association of mental health professionals from more than 25 countries worldwide who support efforts to reduce harm in therapy.

**Psychology Today**: Find detailed professional listings for treatment centers in the United States and Canada.

**National Eating Disorder Helpline**: Information, crisis and referral hotline for people dealing with eating disorders. Helpline: 800.931.2237

**National Alliance on Mental Illness (NAMI)**: Provides information and referral services, not counseling. Helpline: 888.950.NAMI (6264)

**Hope Exists After Rape Trauma**: The mission of Hope Exists After Rape Trauma (H-E-A-R-T) is to provide HOPE for victims of sexual assault through the provision of essential and therapeutic support, by affecting positive change in laws influencing their lives, and by educating both the public and professionals commissioned to serve victims.

#### **SUICIDE AND SELF-HARM:**

**National Suicide Prevention Lifeline**: Provides crisis suicide intervention, self-harm counseling and assistance, and local mental health referrals. Calls are routed to local centers. Hotline: 800.273.TALK (8255) and for the Spanish line call 888.628.9454 or TTY: 800.799.4TTY (4889)

**Boystown National Hotline**: Assists youth, and their family/friends, who are affected by self-harm and other issues. Hotline: 800.448.3000 or TTY: 800.448.3000

#### **SEXUAL ASSAULT PREVENTION:**

**National Violence Against Women Prevention Research Center**: Sponsored by the Centers for Disease Control and Prevention, this website to be useful to scientists, practitioners, advocates, grassroots organizations, and any other professional or layperson interested in current topics related to violence against women and its prevention.

**Project Respect**: Project Respect aims to create discussions and share a positive alternative model of relationships for youth.

**PreventConnect**: The goal of PreventConnect is to advance the primary prevention of sexual assault and relationship violence by building a community of practice among people who are engaged in such efforts.

**Campus Outreach Services**: Offer information and expertise to schools on sexual violence, diversity, sexual harassment, bullying, hate crimes, healthy relationships, assertiveness, eating disorders, suicide, and related risk issues.

**The Date Safe Project**: The DATE SAFE Project, Inc. provides positive how-to skills and helpful insights for addressing verbal consent (asking first), respecting of boundaries, sexual

decision-making, bystander intervention, and supporting survivors (opening the door for family and friends).

**Child Help: Speak Up Be Safe**: Childhelp Speak Up Be Safe is a newly developed, school-based, child abuse prevention education program that focuses on child safety. It is an evolution of Good Touch Bad Touch.

**Men Can Stop Rape**: Men Can Stop Rape seeks to mobilize men to use their strength for creating cultures free from violence, especially men's violence against women.

**Cyber Bullying Research Center**: A clearinghouse for information regarding cyberbullying.

**Thank you to RAINN for this list of resources.**